

# Telling My Story

RACE, SEXUALITY & MENTAL HEALTH



**Free 2-Day Workshop + Community Presentation**

**September 29 and 30**

**When:** Mon Sept. 29 10am - 4:30 pm  
& Tue Sept 30 10am - 8 pm & Community Presentation @ 6 pm

**Where:** Upper Valley location To Be Determined

**Who:** People of all races and genders are welcomed to participate.

**Sign up here:** <https://forms.gle/FxsbfZ6sXvYR3tD57>

**\*\* FREE TO PARTICIPATE & FOOD PROVIDED \*\***

**\*\* GIFT CARDS & STIPENDS AVAILABLE FOR THOSE IN NEED \*\***

**\*\* SPACE IS LIMITED \*\***

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Telling My Story (TMS) will be running a FREE two-day workshop designed to continue breaking down the invisible walls that separate health care professionals and those that they serve, particularly queer, transgender, black and indigenous folks and people of color. Using art and storytelling we connect in ways that welcome both the unique beauty and pain each of us holds. Through mutual respect we aim to create belonging where once there was none. Through being together we change the systems of power that affect us all.



**Sign up here:**

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